



## From the Principal's Desk

At Ryan International Academy, Hinjawadi we firmly believe that true success lies in striking the perfect balance between being grounded and aiming high. The theme “Roots to Grow and Wings to Fly” encapsulates the essence of our holistic approach to education, where we nurture our children to soar to new heights while staying deeply connected to their cultural roots.

We begin by grounding our students in the rich values of our culture, instilling in them a strong sense of identity and respect for traditions. Through our value-based assemblies, acts of kindness, and inter-house competitions, we provide them with the moral and ethical foundation that will support them as they grow. These values serve as the “roots” that anchor them, providing stability and strength as they face the challenges of life.

Simultaneously, we empower our students with the skills and knowledge they need to spread their wings and reach their full potential. Our innovative and contemporary curriculum is designed to cater to the demands of the modern world, giving them the tools they need to excel academically and socially. The integration of new-age teaching methods fosters creativity, critical thinking, and problem-solving abilities, giving our students an edge in today’s ever-evolving society.

At Ryan, we not only train our children to succeed but also teach them to remain grounded, ensuring that as they soar, they do so with humility, compassion, and respect for the values that shape them. With both strong roots and expansive wings, our students are prepared to fly high, making a positive impact on the world around them.

Let us continue to support our students in their journey, nurturing both their roots and wings to help them grow into confident, responsible, and successful individuals.

**- Ms. Sonika Kochhar Girotra,**  
Principal, RIAH

## Editorial Committee:

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**Ms. Sonika Kochhar Girotra (Principal)**

**Ms. Kirti Ranjan (Middle School Coordinator)**



## Thought of the Month

**"Roots to ground you, wings to set you free."**

This quote means that a strong foundation (roots) provides stability, values, and a sense of belonging, while the freedom to explore (wings) encourages independence, growth, and the courage to pursue dreams. It emphasizes the balance between security and freedom in life.

## Coordinator's Speak

At Ryan International Academy Hinjawadi, we believe in nurturing young minds with strong values while encouraging them to dream big. The phrase "Roots to grow and wings to fly" perfectly captures our mission of fostering both stability and independence in students. We provide deep-rooted education through a structured curriculum, instilling moral values, discipline, and cultural awareness to create a strong foundation. Our teachers serve as guiding lights, helping students develop confidence, critical thinking, and emotional resilience to navigate life's challenges.

Beyond academics, we encourage creativity, curiosity, and innovation, allowing students to explore their unique talents and passions. Through experiential learning, leadership opportunities, and extracurricular activities, we give them the wings to soar high, take risks, and embrace new possibilities. Our school fosters an environment where students are motivated to think independently, solve problems, and develop a lifelong love for learning.

# Coordinator's Speak



We emphasize holistic development by integrating academics with sports, arts, and community service, ensuring that every child discovers their strengths and aspirations. Through mentorship, personalised learning, and state-of-the-art facilities, we prepare students to adapt to the ever-evolving world while staying grounded in strong values.

With the perfect balance of knowledge and exploration, we empower our students to grow into responsible, ambitious, and compassionate individuals, ready to conquer the world.

**- Ms. Kirti Ranjan,  
Middle School - Coordinator**

I am delighted to share insights into our journey of nurturing young learners at Ryan International Academy, Hinjewadi. The theme "Roots to Grow and Wings to Fly" beautifully encapsulates the essence of our educational philosophy.

We believe that strong roots symbolize a child's foundational growth — values, knowledge, and skills instilled during these formative years. Our curriculum encourages children to explore, question, and understand the world around them while developing a sense of responsibility and empathy. Through collaborative learning, problem-solving activities, and character-building lessons, we ensure they grow into confident individuals firmly grounded in wisdom.

At the same time, we give children wings to fly — to dream, innovate, and express themselves freely. Whether it is through sports, creative arts, science experiments, or public speaking opportunities, we provide them with platforms to explore their interests and unlock their potential. Our goal is to empower them to soar beyond boundaries with resilience and determination.

As we continue on this meaningful journey, I extend my gratitude to our dedicated teachers, enthusiastic learners, and supportive parents. Together, we will continue to cultivate a nurturing environment where every child thrives, spreading their wings while staying rooted in their values.

Let us keep growing and soaring together!

**- Ms. Sifa Rahmania,  
Primary - Coordinator**

# Activities

## National Road Safety Week

On 11th January 2025, As part of National Road Safety Week, students from grades I to VIII actively participated in various activities designed to instil awareness and responsibility towards road safety.

**Grades I & II:** Students illustrated five important road traffic rules through drawings, showcasing their understanding of pedestrian safety, traffic signals, and road signs. Their colourful depictions highlighted key safety measures in a creative manner.

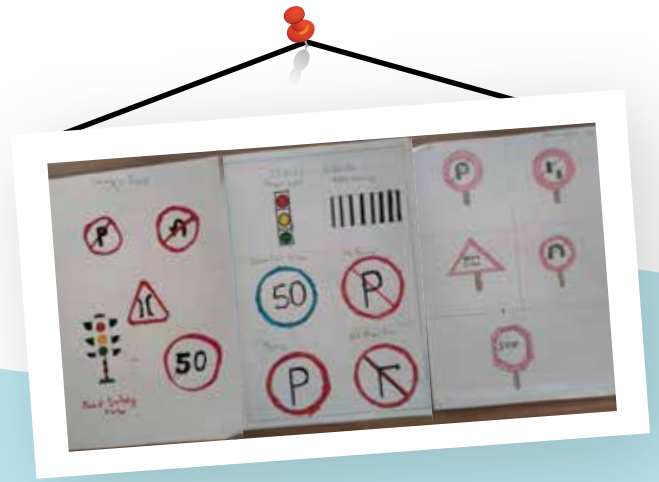
**Grades III to V:** A Just A Minute (JAM) Competition on the topic "Respect the Road, Respect Life" allowed students to express their thoughts in a one-minute speech. They shared insightful views on responsible road behaviour, the importance of traffic rules, and how small actions can ensure safety for all.

**Grades VI to VIII:** Students participated in an Essay Writing Competition on "The Role of Youth in Road Safety." Their essays reflected thoughtful perspectives on how young individuals can contribute to safer roads through awareness, discipline, and advocacy.

All activities were completed at home, and students brought their work to school for evaluation and discussion, reinforcing the importance of road safety in daily life.

## Indian Army Day

To commemorate Indian Army Day, Ryan International Academy organised an Art Competition on 15th January 2025 for students across grades I to VIII. The competition invited students to express their admiration and respect for the Indian Army through paintings and drawings. Participants were encouraged to create artwork depicting soldiers, scenes of patriotism, or representations of the Indian Army's enduring valor. The event was a testament to the students' creativity



# Activities

and their heartfelt tribute to the heroes who protect our nation. It not only served as a platform for artistic expression but also helped instill a deeper sense of patriotism among young minds. The artwork was displayed in school galleries, where students, teachers, and parents could appreciate the talent and dedication that went into each piece.

This competition successfully united students in honouring the bravery and sacrifices of the Indian Army, inspiring a new generation to value and celebrate national pride.

## National Cleanliness Day

In observance of National Cleanliness Day on 30th January 2025, Ryan International Academy hosted a Poster Making Competition for students in grades I to VIII. The competition aimed to raise awareness about the importance of cleanliness and hygiene, encouraging students to become advocates for a cleaner and greener environment.

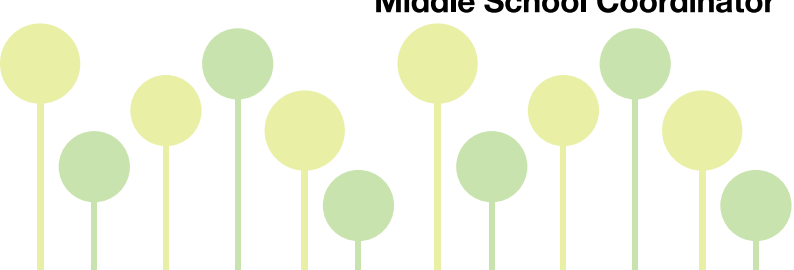
Students designed posters based on one of the following themes:

- Clean India, Green India
- Say No to Plastic
- Keep Our Surroundings Clean

Each student's artwork beautifully highlighted the significance of maintaining cleanliness and the impact it has on the environment. The vibrant posters, filled with creative visuals and powerful messages, served as a reminder of the collective responsibility to preserve our surroundings.

The competition not only nurtured artistic skills but also empowered students to actively engage in environmental issues, fostering a sense of pride and responsibility towards a cleaner, healthier future.

**- Ms. Kirti Ranjan,  
Middle School Coordinator**



# Activities

## Community Service

This month's Community Service Project, "Drastic Plastic, Not Fantastic (No Plastic Community)," focused on addressing the growing concern of plastic pollution. The initiative encouraged students to take an active role in mitigating the adverse effects of plastic on our environment. Over the course of one month, students participated in crafting eco-friendly paper bags using newspapers, offering a sustainable alternative to plastic bags.

As part of the project, students distributed these handmade paper bags to local grocery stores, promoting the use of reusable and environmentally friendly options. This hands-on activity not only reduced plastic usage but also provided students with invaluable insights into how their actions could positively impact the environment.

We commend our students for their dedication and meaningful contributions to the cause. The success of the project is reflected in the detailed tabular reports submitted by students, which highlight the number of paper bags distributed and the significant strides made in reducing plastic waste. Through this initiative, students have not only helped improve our local community but have also fostered a deeper sense of responsibility and environmental awareness.

Such projects play a crucial role in shaping responsible citizens who are mindful of their ecological footprint, and we look forward to seeing more such impactful initiatives in the future.

**- Ms. Sifa Rahmania,  
Primary Coordinator**



# Special Assembly

## Makar Sankranti

At Ryan International Academy, Hinjawadi, assemblies are an essential part of our daily routine, helping to foster a positive and reflective ethos while promoting value-based education. These gatherings play a crucial role in nurturing intrapersonal intelligence and bringing together students and teachers in a shared celebration of culture, tradition, and learning.

One such occasion was the celebration of Makar Sankranti, a festival of great significance in Indian culture that marks the harvest season. It is a time when farmers rejoice as their hard work bears fruit, ushering prosperity into their homes. Makar Sankranti is known by different names across India, including Pongal, Lohri, Magh Bihu, and Uttarayan, each with its unique regional significance.

On 13th January 2025, our Special Assembly dedicated to Makar Sankranti began with the Lord's Prayer, Bible Reading, and a Special Prayer, setting a reflective tone for the day. The Thought of the Week and Word of the Day were shared with the students, encouraging them to reflect on the deeper meanings of the festival.

Students from grade I & II captivated the assembly with interesting facts about Makar Sankranti, while those from grades III to V presented a vibrant dance performance celebrating Pongal. Students from grades VI to VIII spoke about the significance of Lohri and performed an energetic dance, adding a lively touch to the celebration.

The day began on a positive and cheerful note, with our Principal, Ms. Sonika, addressing the students, sharing her insights, and wishing them prosperity and a bright future. The celebration of Makar Sankranti at Ryan International Academy was a wonderful reminder of the importance of togetherness. Through our shared experiences, we not only enjoyed the festivities but also learned about the richness of our cultural heritage.

Festivals like Makar Sankranti connect us to our roots, giving us the strength to grow and the wings



# Special Assembly

of wisdom to soar higher in life. The event was a beautiful reflection of this spirit, bringing the academy community closer together in celebration, joy, and learning.

**- Ms. Sankalita Majumder,  
TGT**



## English Language Enhancement Programme A Pathway to Proficiency

The English language stands as one of the most widely spoken and crucial languages in the world, serving as the primary medium of communication in international business, science, technology, and entertainment. As a result, proficiency in English has become an essential skill for connecting with others and exchanging ideas on a global scale. To support our students in mastering this vital language, Ryan International Academy has introduced the English Language Enhancement Programme (ELEP), aimed at improving their proficiency in key language skills: reading, writing, listening, and speaking.

Throughout January, various engaging activities were conducted across different grades to enhance these skills.

For grades I to III, the focus was on listening skills. Students read stories from comprehension passages in class, followed by group discussions on the questions and answers related to the passage. This collaborative approach not only improved their listening skills but also enhanced their ability to

think critically. Additionally, students practiced cursive writing, which further refined their writing abilities and helped build fine motor skills.

In grade IV & V, the emphasis was on reading skills. Students completed a worksheet that included reading an unseen passage and answering comprehension questions. This activity not only developed their reading comprehension but also strengthened their writing skills through written responses.

For grades VI to VIII, the activity was centred around reading and discussing comprehension passages. After engaging in group discussions, students worked on worksheets that helped them refine both their reading and writing skills, making the learning experience more interactive and meaningful.

In essence, the English Language Enhancement Programme (ELEP) plays a vital role in honing students' proficiency across the four key language skills: reading, writing, speaking, and listening. Through these





# Special Assembly

carefully designed activities, students are empowered to use English confidently and effectively in real-life situations, preparing them for success in academics and beyond.

- Ms. Binduja N,  
PRT



## Hindi Classroom Activities

संजीव और निर्जीव में अंतर (Grade III)

प्राकृतिक वातावरण में जाकर हमारे नन्हे खोजकर्ताओं ने संजीव (जीवित) और निर्जीव (अजीवित) वस्तुओं का अवलोकन किया। उन्होंने हरे, ताजे पत्तों और सूखे, गिरे हुए पत्तों को देखकर संजीव और निर्जीव के बीच का अंतर समझा। इस गतिविधि ने न केवल उनके अवलोकन कौशल को विकसित किया बल्कि उन्हें प्रकृति से जुड़ने का भी अवसर दिया।



मेरा पसंदीदा व्यंजन (Grade VIII)

भोजन केवल स्वाद ही नहीं, बल्कि हमारी संस्कृति और परंपराओं से भी जुड़ा होता है। विद्यार्थियों ने अपनी रुचि के अनुसार अपने पसंदीदा व्यंजन पर लेख लिखकर और चित्र बनाकर प्रस्तुत किया। इस गतिविधि ने उन्हें अपनी रचनात्मकता दिखाने और विभिन्न व्यंजनों की विविधता को समझने का अवसर प्रदान किया।



इन गतिविधियों के माध्यम से छात्रों ने न केवल हिंदी लेखन कौशल को निखारा बल्कि अपने अनुभवों को भी अभिव्यक्त किया।

- Ms. Sadhana Rao and Arti Chauhan,  
PRT



# IKIGAI

## Passion Building Home Science

Home Science is not just about managing a home; it's about laying a solid foundation for personal and social development. This subject equips students with essential skills that go beyond the domestic sphere, encouraging them to think critically about their communities and the world around them.

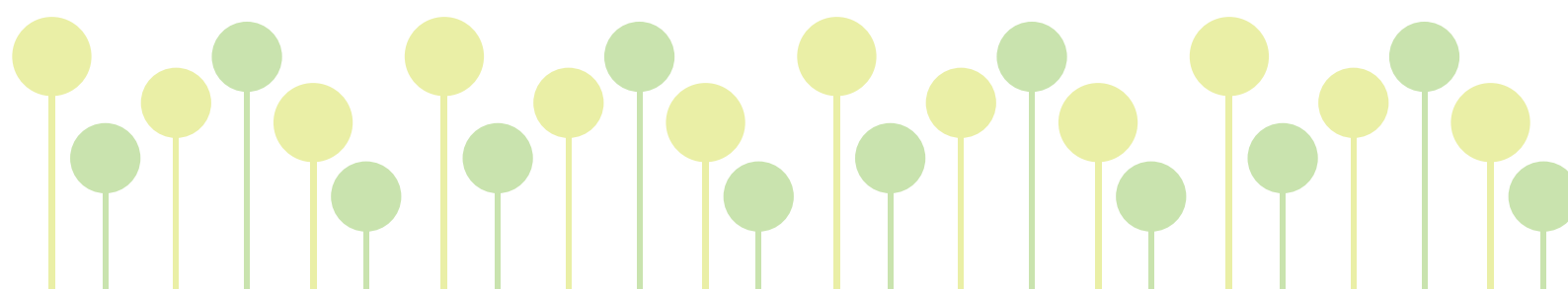
In the Home Science curriculum, students recently explored the concept of community development, a crucial aspect of progress in both rural and urban areas. Community development focuses on enhancing living conditions, improving infrastructure, and creating better opportunities for everyone, regardless of their surroundings.

Students of grade I & II actively participated in creating simple maps of their local community, highlighting important places such as schools, hospitals, parks, and markets. They also engaged in discussions about the significance of these places, recognising how each one contributes to the well-being and growth of the community.

Further, the students learned about the development challenges and opportunities in both rural and urban areas. In rural areas, the emphasis is on providing essential services like clean water, electricity, better roads, and schools. Farmers in these regions benefit from advanced agricultural techniques that improve crop yields and livelihoods. In contrast, urban areas focus on reducing traffic congestion, building green spaces, and ensuring affordable housing. Modern technology plays a vital role in making cities smarter, more sustainable, and livable.

Through this lesson, students gained an understanding of how teamwork, education, and innovation can work together to create stronger, healthier communities. As they learn and grow, they are encouraged to contribute to building a brighter future for everyone. By promoting these values, we empower our students to become responsible citizens who will make a positive impact on the world.

- Ms. Tanushree Sharma,  
PRT



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## Vocational – Coding

At Ryan International Academy, we pride ourselves on nurturing creativity, problem-solving, and innovation in our students. Our Quarter 2 activities were designed to provide students with hands-on experiences that not only enhance their coding and logical thinking skills but also inspire their creativity. Each grade level embarked on unique projects that allowed them to explore new concepts and develop valuable skills. Here's a look at the exciting projects and accomplishments of our students:

Our young learners in grade I took their first steps into the world of coding with the "Animal Battle" program. Through interactive Mini Battle levels, they learned to use event and motion blocks to create engaging projects. This experience helped them enhance their logical thinking and creative problem-solving abilities while having fun with coding.

In grade II, students showcased their creativity through a variety of projects, including "Music On," "Basketball Game," and "Long and Short." They also worked on grouping activities, such as the "Counting in Groups" project, where they used colourful sprites to make learning more enjoyable and interactive. These projects encouraged teamwork and reinforced the concepts of logic and mathematics in a playful way.

Grade III students dove deeper into coding by exploring variables, including global and local concepts, and practicing program execution. They enhanced their understanding of coding fundamentals through creative activities such as stamping, drawing shapes, and completing worksheets. These projects provided a hands-on approach to reinforcing key programming concepts.

In Grade IV, students further advanced their coding skills by designing shapes like triangles, squares, and pentagons using loops. They also explored mathematical formulas to create intricate patterns, such as fans and stars, blending logic with creativity.



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This helped students not only improve their coding skills but also develop a better understanding of geometry.

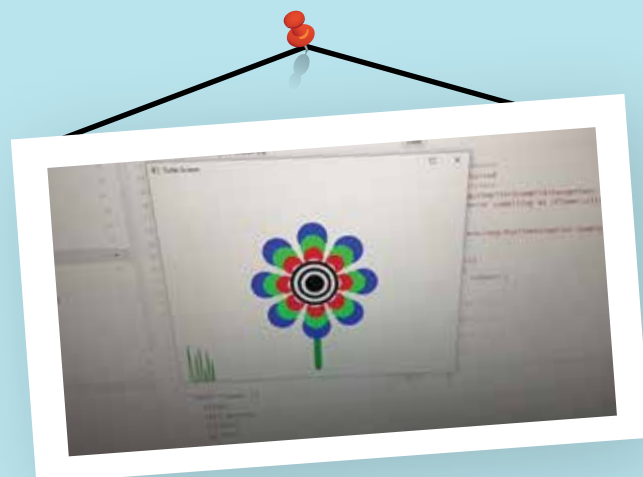
Grade V students explored the intersection of art and technology by designing grass and flowers using coding tools. They learned geometric concepts and focused on the centres of shapes while honing their coding skills. This project provided a creative outlet for students to combine art and logic in their work.

In Grade VI, students focused on operations involving lists, learning how to organize and manipulate data. These activities enhanced their problem-solving and computational thinking skills, equipping them with a solid foundation in data management, which is crucial for future programming challenges.

Grade VII students built on their programming foundations by mastering advanced operations on lists. They took on more complex coding challenges, further developing their logical reasoning and algorithmic thinking skills. These projects allowed them to refine their problem-solving abilities and prepare for more sophisticated programming tasks.

Our senior students in grade VIII excelled in advanced programming concepts by using the Scanner and Math classes in their projects. This allowed them to apply more complex coding techniques and gain valuable experience in handling user input and performing mathematical operations. These activities equipped them with the necessary skills to tackle future challenges in computer science and technology. At Ryan International Academy, we are committed to providing our students with the tools and opportunities they need to grow academically, creatively, and personally. As they continue to explore new concepts and develop their skills, our students are becoming better prepared for the exciting challenges that await them in the world of technology and beyond.

**-Ms. Ankita paliya,  
PRT**



## Ryan International Academy, Hinjawadi, Celebrates Its 2nd Annual Day with Enthusiasm and Joy

On 27th January 2025, Ryan International Academy, Hinjawadi, celebrated its much-anticipated 2nd Annual Day at the Ramkrishna More Auditorium in Pune. The event, themed "Roots to Grow, Wings to Fly," beautifully encapsulated the school's commitment to providing holistic education and fostering personal growth in its students.

The celebration began with a soulful prayer, seeking blessings from the Lord, followed by a heartwarming welcome song and an enchanting welcome dance. The audience was then greeted by welcome speeches delivered in four different languages, highlighting the school's emphasis on linguistic and cultural diversity. The event was graced by the Chief Guest, Mr. Krishnan Komandur, CEO of Adar Poonawala Clean City Initiative, along with several distinguished guests from various fields who have excelled in their respective domains. Their presence aligned with the 12-Point Vision of Chairman Sir, Dr. A. F. Pinto. Under the able guidance of Dr. A. F. Pinto and Madam Grace Pinto, the event showcased the incredible talents and achievements of the students of Ryan International Academy.

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The Montessori Choir and Primary Choir captivated the audience with their melodious renditions. The youngest Ryanites from Montessori I & II showcased their boundless enthusiasm through delightful dance performances, while Montessori III, along with grade I and II students, presented a heart-warming musical skit titled "Croak."

A proud moment of the day was the Montessori Graduation Ceremony, where students from Montessori III 'A', 'B', and 'C' were officially welcomed into grade I, marking an important milestone in their academic journey.

One of the highlights of the celebration was the Diversity Dance, presented by students from grades III and IV. The performance celebrated India's rich cultural heritage, featuring Bhangra, Bengali Dance, Bharatanatyam, and Dhol Tasha, beautifully showcasing the unity in diversity that defines India. Students from grades VI to VIII delivered a powerful performance focusing on women empowerment, emphasizing the critical role of education and awareness in uplifting women. Grade V students reinforced the theme of the event through a heartfelt dance performance on the Right to Education, highlighting the importance of knowledge as the foundation for growth and success.

The true showstopper of the evening was the extraordinary orchestra performance by the school's talented orchestra troupe. The performance was met with rousing applause and stood out as the highlight of the program, showcasing the students' musical prowess and the depth of their talent.

The celebration continued with the prestigious Category Awards, recognising students who have excelled in various fields. The most eagerly anticipated awards, Ryan Prince and Ryan Princess, were conferred upon students for their outstanding all-round performance, honouring their dedication and hard work.



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The program concluded with a beautiful Closing Chorus and a Thank You Song, leaving a lasting impression on everyone present. The 2nd Annual Day Celebration was a resounding success, earning admiration from parents, esteemed guests, and faculty members alike.

With such a grand celebration, Ryan International Academy, Hinjawadi, continues to inspire young minds to stay rooted in their values while soaring high towards their dreams.

**- Ms. Archana Tiwari,  
TGT**



## Celebrating 76th Republic Day with Pride at Ryan International Academy

The 76th Republic Day was celebrated with immense pride and enthusiasm at Ryan International Academy, Hinjawadi, marking another momentous occasion in the school's calendar. The event was filled with patriotic fervor and a spirit of unity, reflecting the values that form the foundation of our great nation.

The celebrations commenced with a solemn flag unfurling ceremony, conducted by our esteemed Principal, Ms. Sonika Kochhar Girotra, alongside the distinguished Guest of Honor. As the flag fluttered high in the sky, the air was filled with a deep sense of pride and patriotism. Following the flag hoisting, the school mascot was released into the air, symbolizing the spirit of freedom and hope, a beautiful tribute to our country's journey toward progress and prosperity.

Our students showcased their talent and dedication through a series of captivating performances that mesmerized the audience:

- Grade I & II filled the air with their sweet, lilting voices as they sang patriotic songs, capturing the essence of love for our nation.
- Grades III to V mesmerized everyone with a graceful Bharatanatyam performance, bringing the spirit of Indian classical dance to life.

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- Grade VII and VIII impressed the audience with a thought-provoking Nukkad Natak, which highlighted the importance of the Indian Constitution and its role in shaping the democratic framework of the country.

The entire celebration was a beautiful reflection of our country's rich history and cultural heritage. It also encouraged a deeper appreciation of the principles enshrined in our Constitution, fostering a greater sense of responsibility and unity among our young minds.

The Republic Day celebrations at Ryan International Academy were not just an event, but an experience that helped nurture and reinforce the values of respect, unity, and pride in our nation. We thank all the students, parents, and staff who contributed to making this day a memorable and inspiring one.

As we continue to grow and learn, let us remember the spirit of Republic Day — a day to honor our Constitution, celebrate our unity, and cherish the ideals of freedom, equality, and justice.

Together, let us build a brighter future for India.

**-Ms. Reema Kala,  
PRT**

## Innovation

As we welcomed the new year, January proved to be a month filled with hands-on learning, creativity, and ground breaking projects in our Innovation Lab. From robotics and automation to sustainability and app development, our students have demonstrated their passion for STEM through a variety of engaging activities. Let's take a closer look at their remarkable achievements this month.

### **Walking Robot & Scribble Robot - Grade I:**

Grade I students took their first steps into the world of robotics by building walking robots and scribble robots! They discovered how simple mechanisms and motors could bring their creations to life. The walking robot introduced them to movement and balance, while the scribble robot used vibration motors to create colourful, unique patterns on paper.



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## **Paper Recycling – Giving Paper a New Life - Grade II:**

Grade II students learned about sustainability by recycling paper and creating new sheets from old materials. Through this hands-on project, they gained awareness of environmental conservation and the importance of reducing, reusing, and recycling in daily life.



## **Automatic Drumming Machine – Music Meets Technology - Grade III**

Our Grade III students blended music and engineering by building an automatic drumming machine. They programmed the system to play rhythmic beats using motors and circuits, combining their love for music with technology and automation.



## **Automatic Fuel Tank Filling System - Grade IV:**

Automation is transforming industries, and our Grade IV students explored this concept by creating an automatic fuel tank filling system. Using sensors, they designed a system that could detect fuel levels and control the filling process, helping them understand how smart systems enhance efficiency and safety.

## **Smart Car Automation – The Future of Transportation - Grade V:**

Grade V students explored autonomous vehicle technology by building smart cars that could navigate independently and detect obstacles. This project introduced them to the concepts behind self-driving cars and how automation is shaping the future of transportation.



## **Bluetooth-Controlled Car – The Power of Wireless Communication - Grade VI:**

Grade VI students took automation a step further by creating Bluetooth-controlled cars. They programmed and controlled their cars using mobile apps, giving them a hands-on introduction to wireless communication, IoT, and embedded systems.

## **App Development with MIT App Inventor - Grade VII:**

Coding and software development took centre stage for grade VII students as they designed and





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programmed their own mobile applications using MIT App Inventor. They explored user interface design, app functionality, and programming logic, bringing their innovative ideas to life in digital form.

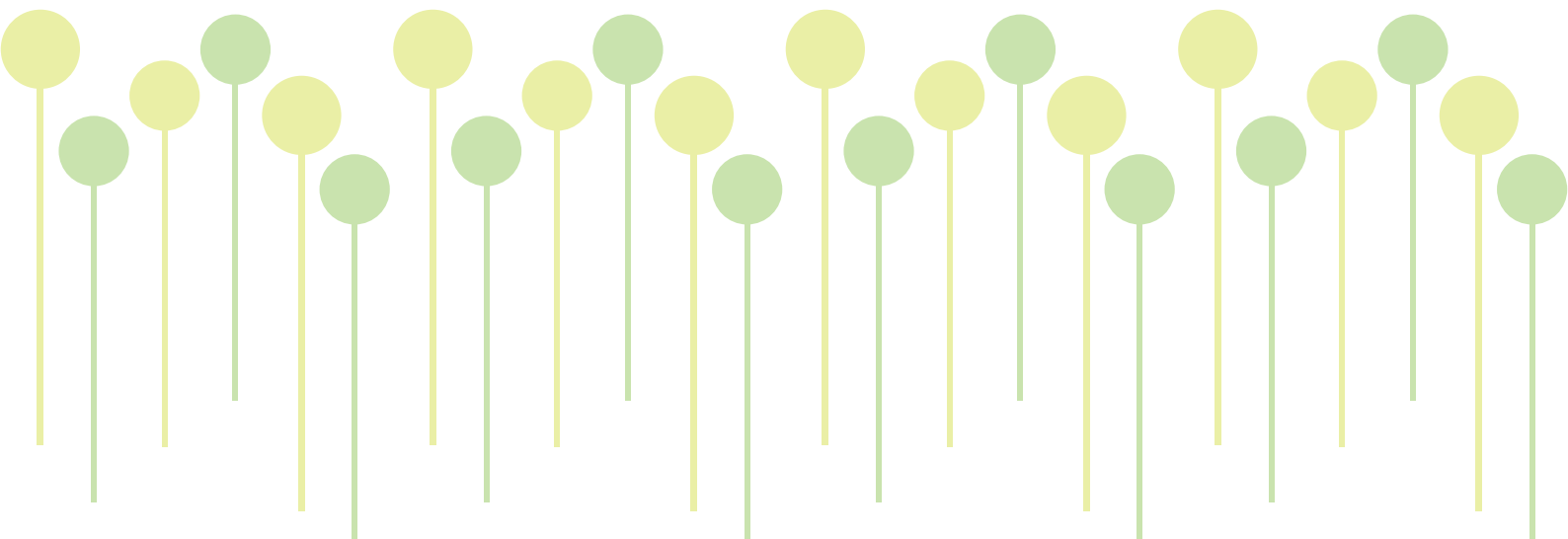
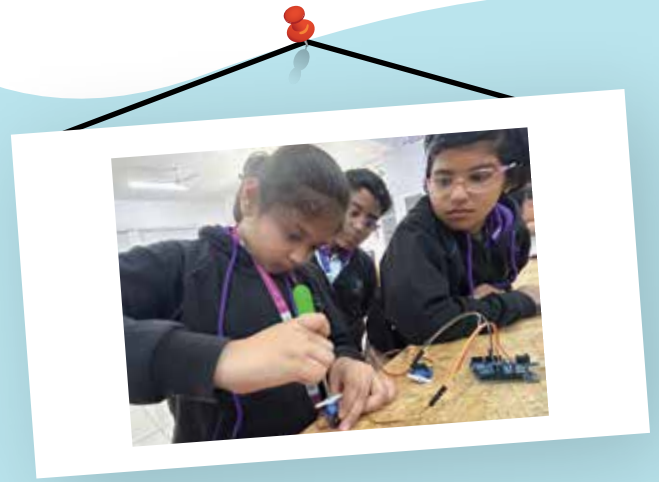
## **Sustainable City – Reimagining the Future - Grade VIII:**

Grade VIII students became urban planners as they designed their own sustainable city models. Their projects incorporated renewable energy, smart transportation, and eco-friendly waste management systems to create futuristic cities that prioritise sustainability and smart living.

This month has been truly inspiring, as our students explored new frontiers in science, engineering, and technology. Their projects showcased problem-solving, teamwork, and creativity, equipping them with the skills needed for the future.

As we move forward, we are excited to see more innovations, experiments, and breakthrough ideas from our students in the coming months. Thank you for your continued support in fostering a spirit of curiosity and innovation in our young learners!

**-Mr. Bhanu Sharma,  
Innovation Guru**



# Health, Safety and Child Protection

## Good Touch, Bad Touch Sessions

On 9th January 2025, Ryan International Academy, Hinjawadi, conducted an essential session on Good Touch, Bad Touch as part of the Health, Safety, and Child Protection (HSCP) framework. These sessions are a vital aspect of ensuring that students are well-educated about their rights, personal boundaries, and how to protect themselves from harmful or inappropriate situations. The initiative aims to create a secure and nurturing environment for all students.

The sessions were conducted by the school Principal, Ms. Sonika Kochhar Girotra, and were tailored to three different groups: Montessori, grade I & II students. Each session was designed with age-appropriate content to help students understand the importance of personal boundaries and to distinguish between appropriate and inappropriate touch.

Principal led the children through a well-crafted story, filled with engaging expressions, to help them grasp these crucial concepts. She explained that a good touch is any form of contact that makes them feel safe, comfortable, and respected, such as a friendly hug, pat, or handshake. In contrast, a bad touch is any contact that makes them feel uncomfortable, frightened, or confused, including unwanted physical contact. The Principal highlighted that students have the right to say "No" if a touch feels wrong and that they should immediately seek help from a trusted adult, such as a teacher or parent, if they find themselves in an uncomfortable situation.

To reinforce the lessons, Principal used a fun and interactive approach. She encouraged the students to identify good and bad touch through visual cues, asking them to show a thumbs-up for good touch and a thumbs-down for bad touch. This hands-on activity helped the students engage actively and think critically about their own experiences and emotions.

By leading these sessions, the Principal not only raised awareness about personal safety but also fostered a culture of respect, trust, and openness within the school community. This initiative ensures that students feel empowered to protect their personal well-being and develop confidence in speaking out when they encounter inappropriate behaviour.

Through these sessions, Ryan International Academy continues to prioritise the safety and emotional well-being of its students, providing them with the knowledge and tools to navigate their personal boundaries with confidence.

**- Ms. Megha Madhavan,  
Librarian & HSCP Coordinator**





## PARENT'S CORNER

The phrase “roots to grow, wings to fly” beautifully encapsulates the essence of parenting. For parents, this metaphor serves as a profound guide to fostering both growth and independence in children. It highlights the significance of staying grounded while cultivating the courage to embrace new horizons.

Children are akin to young saplings—fragile yet brimming with potential. As parents and educators, it is our responsibility to provide them with sturdy roots and tender care. Roots represent values, traditions, and a sense of belonging. By instilling qualities such as kindness, respect, and resilience, we enable children to weather life's inevitable storms.

However, roots alone cannot suffice. Wings are equally essential, symbolizing freedom, ambition, self-assurance, and curiosity. Wings empower children to dream big, believe in their abilities, and aspire for greatness. As caregivers, our role lies in fostering a harmonious balance between these two elements. Roots are not intended to confine but to provide guidance, stability, and a solid foundation. They anchor children in strength while allowing them to discover their purpose and inner resolve. On the other hand, wings enable them to rise above challenges, navigate their own paths, and embrace a life of meaning and responsibility.

It is our privilege and obligation to nurture well-rounded individuals. Let us cultivate an environment where our children feel secure enough to stand tall and confident enough to soar high.



- Ms. Shalu Singh,  
Parent of Ms. Mishika Singh - Grade VI 'A'

## STUDENT'S CORNER

Neel, a talented grade I 'B' student created a wonderful artwork on the theme "Roots to Grow and Wings to Fly." His creation beautifully represents how strong roots keep us grounded, while wings help us explore new possibilities. Through his imaginative work, Neel inspires us to stay connected to our values while reaching for our dreams. His creativity and hard work shine brightly in his masterpiece. Well done, Neel! Keep up the great work.



## Upcoming Events

- Children's Mental Health Week
- Safer Internet Day
- Sarojini Naidu Birth Anniversary
- Managing Director Madam Dr. Grace Pinto Birthday
- National Science Day

